



NORTHEAST PLASTIC SURGERY
CENTER

5 Davis Road East
Old Lyme, CT 06371

Tel 860.390.6000
Fax 860.215.8150

info@northeastpsc.com

www.northeastpsc.com

Vinod V. Pathy, MD, FACS

Megan J. Phillips, PA-C

Nipple-Areola Tattooing Post-procedure Instructions

- Your post-procedure appointment is scheduled for _____.
- Avoid compression at the procedure site(s).
- Avoid aspirin, ibuprofen products (Advil, Motrin), Aleve, Naprosyn, Celebrex, Toradol and products containing Vitamin E for 1 week following your surgery, as they result in a higher risk of bleeding. If you are taking blood thinners such as Coumadin or Lovenox, your regimen will be coordinated with your Coumadin Clinic and medical physicians.
- Starting tomorrow, remove all of your dressings and apply Bacitracin and non-adherent gauze dressings twice daily to the procedure site(s).
- You may shower starting tomorrow. You may let the water run down onto the procedure site(s), however refrain from allowing soap to fall onto the site(s).
- You will likely form crusting and scabs. Do not attempt to remove any scabs that may form overlying the procedure site(s).
- Please refrain from nicotine-containing products for at least 4 weeks following your procedure. Nicotine reduces circulation and can therefore result in wound healing impairment.

Please contact us with any additional questions or concerns.