



NORTHEAST PLASTIC SURGERY
CENTER

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Nipple-Areola Tattooing Pre-procedure Instructions

- Your scheduled procedure date is _____.
- If you smoke or use any other nicotine products (including the patch or gum), please stop at least 4 weeks prior to surgery. You should refrain from nicotine products for at least 4 weeks following your surgery as well. Smoking reduces circulation and can therefore result in wound healing impairment.
- Avoid aspirin, ibuprofen products (Advil, Motrin), Aleve, Naprosyn, Celebrex, Toradol and products containing Vitamin E for 1 week prior to as well as following your surgery, as they result in a higher risk of bleeding. If you are taking blood thinners such as Coumadin or Lovenox, your regimen will be coordinated with your Coumadin Clinic and medical physicians.
- Please purchase Bacitracin or Neosporin ointment, non-adherent gauze sponges, and paper tape from your local pharmacy prior to your procedure, as you will need them for post-procedure dressing care.
- Wear a large, front-closure shirt to the office on the day of your procedure.

Please contact us with any additional questions or concerns.